



Summer Swim Club

2019 Season Information Guide

Website: <http://fiveparkspiranhas.org>

TeamUnify: https://www.teamunify.com/Home.jsp?_tabid_=0&team=cofpp

Facebook Page: <https://www.facebook.com/fiveparkspiranhas/>

Twitter Username: 5ParksSwimming

FIVE PARKS PIRANHAS SWIM TEAM

CLUB STRUCTURE

The Five Parks Piranhas Swim Team is a recreational team that endorses swimming as a fun and healthy way to spend time in the summer while learning proper swimming strokes, good sportsmanship and fostering team spirit, discipline, and respect. We are a non-profit, financially independent, summer swim club. The team operates under a Parent Board of Directors, all of whom are volunteers. The Board meets during the off-season and holds regular meetings during the summer season at a frequency, time, and date to be determined by the Board. The Five Parks Piranhas Swim Team is a member of the Foothills Swimming Association (FSA) and uses the Competition Rules and Meet Guidelines of the Colorado State Summer Club Swimming Association.

2019 PARENT BOARD MEMBERS:

Katie Kurtz katiekurtz@comcast.net C: 303-809-0898	Matt Sampson matt.sampson@yahoo.com C: 303-219-1734	Brian Bowman 2brianbowman@gmail.com C: 720-626-9903
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Darcy Thome darcythome@hotmail.com C: 303-520-1158		

TEAM CONTACT INFORMATION:

HEAD COACH: Steve Engel at: fppcoach@gmail.com
 c: 303-478-6185

EMAIL: fppswimming@gmail.com

WEBSITE: fiveparkspiranhas.org

TeamUnify: https://www.teamunify.com/Home.jsp?_tabid_=0&team=cofpp

FACEBOOK PAGE: [facebook.com/fiveparkspiranhas](https://www.facebook.com/fiveparkspiranhas)

TWITTER USERNAME: 5ParksSwimming (First Call and Last Call tweets at meets)

MEET MOBILE APP: Downloadable Android and iPhone PAID App (fastest way to track meet results)

CLUB SEASON INFORMATION

The regular summer club season generally runs from around Memorial Day to mid-July, with practices held daily, Monday through Friday.

The season is extended for two weeks beyond the regular season for those swimmers who qualify for the league and/or state meet. For those swimmers only, practice will continue Monday through Friday during the last two weeks of July. The FSA League Meet and the Colorado State Summer Club Meet are qualifying meets and only those swimmers who have made qualifying times will be scheduled to practice during the last half of July.

Regular meets are held every Saturday. In addition, a few optional meets are held on Sundays. We encourage our swimmers to participate in as many meets as their summer schedule will allow.

Practices and all home meets will be held at:

Village of Five Parks Pool
13810 W 85th Drive
Arvada, CO 80005

Located in the heart of the Village of Five Parks, one block south of 86th Parkway, between Indiana and Alkire Streets. Turn south off of 86th Parkway onto Five Parks Drive and turn right on 85th Drive. Pool phone: (303) 403-0377

The team may offer a one-day-a-week winter clinic training program at Meyers Pool from March-May. This program is not mandatory, but provides an opportunity for swimmers to develop their endurance abilities, work on specific skills, and stay in contact with team members during the off-season. Summer club association rules specify that no team shall practice more than once a week during the off-season. In addition, **any club or year-round swimmers must stop swimming with their club or year-round team starting on May 15 in order to be eligible to swim in and qualify for all FSA League meets.**

Practices

- Swimmers should arrive at practice 10 minutes early, ready to participate in stretching activities and prepared to enter the water on time.
- Parents, or a responsible party, **MUST** remain present at practice for the age 8 & under swimmers.
- Swimmers are split into practice times based on age-group and skill. At the coaching staff's discretion, some swimmers may be moved up into a different age-group in order to place that swimmer with other swimmers of similar ability. Again, this is solely at the discretion of the coaching staff and only when it is in the best interest of the individual swimmer. **We CANNOT move swimmers into different practice times in order to accommodate car pool or other schedules.** It is usually in the best interest of most swimmers to swim within their own age group—it is where they have the most fun, are with kids their own age, and can practice the relay and individual meet events specific to their particular age group.
- It is recommended that you attend at least 4 practices per week unless you are involved in other sports.
- If you will be gone, please let your coaches know prior to the absence, especially if it is for an extended period of time. If it is last minute, try to send word to the pool with a friend if the absence is longer than that day.
- Notifications, newsletters, ribbons, etc. are distributed through a file box system. Each swimmer will have an individual file and the file box will be at the pool each practice morning. Please be sure to check your swimmer's file regularly throughout the season.

CLUB SEASON INFORMATION (Continued...)

- No one is allowed in the Depot during practices except to use the restrooms.
- No one is allowed in the baby pool during practices.
- All swimmers and parents are required to exit the pool area at the end of swim practice.
- In inclement weather, the coach will remain at the pool until all children are picked up. Swimmers must stay out and away from the water for 30 minutes following thunder or last sighted lightning. Parents should use their own judgment regarding sending their children to practice. The coach has the discretion to cancel practice due to bad weather.
- **It is important that the coaches not be interrupted during practice. If you have specific questions concerning your child's progress, speak to the coach after practice or send an email.**

The 2019 practice schedule will be as follows:

May 20-22 (Mon – Wed after school)

4:00 -5:00 PM Group C (8 and under and other swimmers per Coach decision)

4:45 -6:00 PM Group B (9-12 year olds and other swimmers per Coach decision)

5:45 -7:00 PM Group A (13-18 and other swimmers per Coach decision)

May 23 (Last Day of School) NO PRACTICE

May 24 (Friday): Morning Practices Begin – see schedule below

May 27 (Memorial Day) NO PRACTICE

July 4 (Independence Day) NO PRACTICE

May 24 – July 26 (Mon-Fri mornings) (PLEASE NOTE – THIS MAY CHANGE DEPENDING ON SIZE OF AGE GROUPS)

6:45-8:00 AM Group A (generally 12-18 year olds)

7:45-9:00 AM Group B (generally 9-11 year olds)

8:45-9:45 AM Group C (generally 8 and under)

Discipline

- Behavioral problems are not anticipated but will be dealt with in the following manner:
 1. Verbal warning
 2. Time out of the water
 3. Phone call to parent
 4. Suspension from team
 5. Dismissal from team (registration fees are not reimbursed)
- No swimmer will be allowed to disrupt the practice environment of the other swimmers.

CLUB SEASON INFORMATION (Continued...)

Team Swim Attire

- Team swimming suits are recommended but not required for swim meets. Information on ordering this year's team suit will be made available to all families as soon as it is available.
- Jammers or briefs are preferred for the boys instead of board shorts.
- A team t-shirt is included with your registration. In order to promote team spirit, it is requested that team t-shirts be worn at all meets.
- A team swim cap is included with your registration. Swim caps are required for all swimmers with long hair (at practices AND meets).
- According to FSA rules, no school or year-round club swim caps may be worn at meets.

Social Events

- **Pancake Breakfast and Team Photos: The Depot Community Center at Five Parks**
 - **2019 – JUNE 14th**

Swimmers are encouraged to attend this morning of good, hot food served by the parents and fun with the coaches. Team (group and individual) photos will be taken that morning. Please have your swimmer wear their team suit or team t-shirt. Photo order forms will be available via a link on our website at fiveparkspiranhas.org to download and print and also available the morning of the breakfast. *A parent coordinator and lots of volunteers are needed to organize and run this event.*

- **End of Year Banquet and Awards Night: The Depot Community Center at Five Parks**
 - **2019 – JULY 24th**

Pizza, salads, cake, and drinks will be provided for swimmers and their families. Team and individual awards are presented. *A parent coordinator and lots of other volunteers are needed to organize and set up this event.*

- **Water World**

An optional event that MAY happen during the season is a day at Water World. Swimmers and their families are encouraged to come enjoy a day with their teammates. Discounted tickets will be available for pre-purchase for all swimmers and their family members. Notices will go out with dates and deadline information to pre-order and pre-pay for Water World tickets. Team transportation will not be provided. *A parent volunteer is needed to organize sign-ups and purchase tickets for this event.*

2019 SWIM MEET & EVENTS SCHEDULE

May 8 th and 9 th	Wednesday/Thursday	PARENT MEETINGS at Five Parks Depot (Parents must attend one)
May 29 th	Wednesday	MOCK MEET at our pool
June 1 st	Saturday	AWAY MEET at Applewood Athletic Club
June 8 th	Saturday	HOME MEET against Green Mountain
June 9 th	Sunday	FREESTYLE FRENZY at Green Mountain
June 14 th	Friday	PANCAKE BREAKFAST at our pool
June 15 th	Saturday	AWAY MEET at Applewood Knolls
June 22 nd	Saturday	HOME MEET against Stingrays
June 23 rd	Sunday	C/D MEET** at Splash PENTATHALON MEET** at Applewood Athletic Club
June 26 th	Wednesday	AAC RELAYS at Applewood Athletic Club
June 29 th	Saturday	BYE WEEK
July 6 th	Saturday	AWAY MEET against Mount Vernon Country Club
July 13 th	Saturday	AWAY MEET at Wheat Ridge
July 14 th	Sunday	LAST CHANCE MEET at our pool
July 19-21	Friday-Sunday	LEAGUE MEET** Friday at Stingrays, Sat-Sun at Splash in Golden
July 24 th	Wednesday	END OF SEASON BANQUET at the Five Parks Depot
July 26-28	Friday-Sunday	STATE MEET** at Stapleton

All meets are optional; Saturday meets strongly encouraged.

All meets hosted by the Five Parks Piranhas will be held at the Five Parks Pool, 13810 W. 85th Drive Arvada, CO. The addresses to other FSA pools for our away meets can be found under POOLS IN OUR LEAGUE on our website: <http://fiveparkspiranhas.org>

****Swimmer must have qualifying times to be eligible to participate in these meets.**